

Activity Report 2016-17

118 eye surgeries in a Day

Kalinga Eye Hospital Trust has been conducting comprehensive eye screening camps since its inception in association with social enterprises, healthcare organisations, other non-profits and individuals. On 17th February 2017, 391 persons were screened and 118

cases were brought for surgery; similarly on 25th December 2016, 347 persons were screened and 102 patients were brought for surgeries. Kalinga Eye Hospital Trust has achieved the rare feat of performing over 100 surgeries in just a single day two times due

to the wholehearted dedication of the team.



Inside this issue:

Creating Master Trainers	2
Creating Eye Care Awareness amongst the community	2
Advocacy workshop on System strengthening	2
Advocacy with District Admin of Angul	3
Helping restoring Sights	3
Reducing Childhood Blindness	4
Rally to increase awareness about	4

Involvement of ASHA in Eye Care

Ever since the National Health Mission (NHM) aiming at architectural correction of health system in India has been launched, the health systems have witnessed great improvement. Community level volunteers like Accredited Social Health Activist (ASHA) workers if appropriately trained and sensitized, could be tapped for channeling patients to avail primary eye care services in local vicinities and their work can be supervised by the PMOAs and MOs. With this model, Kalinga Eye Hospital Trust has approached the District

Health Officer and convinced them of the need for intervention. In the first phase 56 ASHA saathi's were trained on identifying people with ophthalmic ailments, counselling-sensitizing them about the importance of eye care and nearby referral centres for treatment as quick treatment amount of vision can be saved/preserved. These ASHA's were provided with a scientifically designed Eye Screening KIT. The training was conducted at the NHM, meeting hall of Dhenkanal on

dated 28.08.2016. In the coming months all the ASHA saathi's of the District will be trained and then the ASHA. After Dhenkanal, a similar plan will be grounded for Angul, Keonjhar, Jajpur and Deogarh district of our state, when the trust will start work in other districts of our state Odisha.



Creating Master Trainers

The Train-the-Trainers programme on identification of common eye problems amongst the adult and children age group is a part of a comprehensive approach to reduce the avoidable blindness in Dhenkanal. The main objective of the training programme is to reduce the burden on the technical person whose quantity is less and time is more important, so Kalinga Eye Hospital Trust has created a group of Master Trainers, who will cascade

their skills to the school teachers, ASHA Workers, Community Health Workers, Village Volunteers and similar kinds of people. As a result community participation will also be increase in the eye care programme which is one of the components of sustainability at the same time early identification and referral can be ensured from the community at a regular basis. BRTs, team from Rashtriya Baal SwasthyaKaryakram (RBSK)

The long term expected result of the training programme is to enhance good service practices in the community and also assist the community in eye care without causing an unnecessary burden to the limited technical persons.



The 70th Independence Day was observed by Kalinga Eye Hospital Trust at its registered office in Dhenkanal.

Creating Eye Care Awareness in the community

Eye Care rallies and seminars were organized on various occasions to enhance public awareness of eye diseases and improve the Eye-Health seeking behavior of the community.



Sensitizing the school children on taking care of spectacles.



Awareness programme for health workers in Eye care.

Advocacy Workshop on system strengthening

An advocacy workshop on system strengthening was conducted on 19th November 2016 at Kalinga Eye Hospital Trust, Dhenkanal. Different stakeholders from Dhenkanal, Angul, Deogarh, Cuttack and Bhubaneswar attended the advocacy workshop. The objective of the workshop was to ensure that our community will

always have access to high quality eye care services, so that avoidable blindness can be reduced, and for this to happen both the Government as well as NGO institutions should come together to strengthen the system. Persons from the Education department, Health Department, National



Health Mission and other Government departments participated in the workshop. A total of 85 participants attended the workshop.

Advocacy with the District Admin for Eye Care for All: Angul.

After the award winning concept of “Eye Care for all- Khordha” which received the Chief Minister Award in 2016, to make eye care services available, accessible and affordable for all the people of Angul district, Kalinga Eye Hospital has come up with the advanced and upgraded version of “Eye Care for All” for the Angul district. The team from Kalinga Eye Hospital has met the District Administrator and Collector and worked on the concept

in presence of the other officials of the district. The District Administration has accepted the collaboration and named the concept as “Netra Jyothi Abhiyan - Angul”. To discuss the detail about the concept, the grounding plans and other things, District Administration has conducted a preparatory meeting at the conference hall of the District Collector on 10th November 2016, where all stakeholders from the district, along with the officers from



the line departments and a steering committee was also formed on the same day to ensure that the activities are conducted properly and in a timely manner to achieve the planned objectives.

*The World Sight Day
2016 was observed by
the Kalinga Eye
Hospital trust on 13th
October 2016*

Helping restoring Sight

There are a few non-profit health delivery organizations who have joined hand with Kalinga Eye Hospital Trust in restoring sight to people in need, such as, IAFF, Jyotirmayee Eye Trust, NY-SASDRI and Alcon. These groups partner with KEHT to provide comprehensive ophthalmic care and education about preventative measures through conducting outreach eye treatment camps. Many patients in Odisha cannot access eye care because of a variety of reasons, such as lack awareness or transportation, loss of wages, or lack of need.

To work around these barriers to care, outreach camps were designed to help patients restore their sight. Outreach camps are conducted in a radius of about seven hours from the clinic in the local villages to minimize patient travelling. Patients from these camps who need surgery are transported back to the hospital for treatment and once surgery is done, patients are counselled about postoperative care and are dropped back at their respective villages and regularly provided with follow up care by our outreach teams. This year, 350

patients were provided with free sight-restoring cataract surgery, supported by these national NGOs



KALINGA EYE HOSPITAL TRUST

Dakhinakali Road
Dhenkanal, Odisha,
Pin-759001, India

Phone: 06762-223949
Email.: kehtrust@gmail.com

Reducing Childhood Blindness



Globally, blindness in children is responsible for only 3% of all blindness. However, childhood blindness is important because of the number of years that a child has to live with visual disability compared to an adult. Therefore though adult onset blindness is much more common, life expectancies across the developing countries being in the range of 50-70 years, the number of “life years with disabilities” is far higher for children. An Adult going blind at the age of 50 years can look forward to another 10-20 years of productive years of life if left untreated, while a child today will still be alive with disability in 2050AD even if the current rate of life expectancy continues. The concept of “Blind years saved” is very useful in arguing for allocation of resources for childhood blindness because restoring the sight of one child with Paediatric cataract is equivalent to restoring sight of 10 elderly blind cataract individuals. Opportunities for education, employment and earning potentials are severely affected; also early onset blindness adversely affects the psychomotor, social and emotional development of children. So reducing childhood blindness is one of the major objectives of the institution and in 2016 alone Kalinga Eye Hospital Trust has supported 2 children to get their sight restoration at free of cost.

Rally to increase awareness about glaucoma

Glaucoma is the second most common cause of blindness after cataract, it is irreversible, but preventable. Since there are no obvious symptoms reported in the early stages, glaucoma is often referred to as the ‘silent thief of sight’. To raise awareness in society, a glaucoma awareness rally was organised on 12th March 2017, by Kalinga Eye Hospital Trust and the Rotary Club of Dhenkanal. MLOPs, Nurses have also joined the rally. People at risk are those with advancing age of 40 and

above, elderly patients over 70 years with low blood pressure, diabetes, family history of glaucoma, short-sightedness, migraine, diabetes, thyroid disease, chronic long term use of steroid for asthma, arthritis, skin disorders, history of blunt eye injury in the past and post cataract surgery. Early diagnosis of glaucoma in every patient coming for a routine eye check up in the age group 35 and above involves recording of intraocular pressure, slit lamp examination of the internal structures of the eye and optic disc evalua-



tion. Suspicious glaucomatous changes should alert the ophthalmologist to perform further important diagnostic test like visual field testing. More than 75 persons from Kalinga Eye Hospital Trust and the local community participated in the rally